



Crombie School

Early Learning and Childcare



Toothbrushing Policy



Policies and Procedures

Toothbrushing Policy July 2020

POLICY AIM

At Crombie Nursery, we support the National Standards for Nursery and School Toothbrushing Programme which allows every child to brush their teeth daily in nursery helping to prevent dental decay and establish good oral hygiene practice.

The Toothbrushing Policy has been developed in line with The United Nations Convention of the Child (UNRC) (1989): Article 24: (Health & Health Services): You have the right to the best health possible and to medical care and information.

We aim to ensure that we meet the National Standards for Nursery and School Toothbrushing Programme as well as meeting the following Health and Social Care Standards:

1.28 *I am supported to make informed lifestyle choices affecting my health and wellbeing, and I am helped to use relevant screening and healthcare services.*

The Toothbrushing Policy is underpinned by the following national and local authority policy and guidance:

- NHS, 2011, "National Standards for Nursery and School Toothbrushing Programmes"
- NHS, 2004, "Setting the Table"
- HPS, 2018, "Infection Prevention and Control in Day-care and Childminding Settings"
- NHS, 2017, "First Teeth Healthy Teeth"
- United Nations Convention on the Rights of the Child, 1989
- Scottish Government, 2017, Health and Social Care Standards

Who is responsible?

Early Years Senior Practitioner, Early Years Lead Practitioner, Nursery Staff, Parents/carers

This policy will be reviewed regularly and in response to accident, incident or change in national or local policy or guidance



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PROCEDURE

“We model behaviour which promotes wellbeing and encourages it in others” HGIOELC 2016

At Crombie Nursery, we follow The National Standards for Nursery and School Toothbrushing Programme. Information for parents regarding the programme is displayed in the cloakroom along with relevant telephone numbers.

We are committed to help support children and families with the daily routine of toothbrushing.

- A representative from CHILDSMILE visits the nursery in Term 1 to share a story with the children and explain how to we should be brushing our teeth, and will visit every term after.
- Parents will receive a letter from Childsmile and they have two weeks from receiving the letter to contact the setting if they DO NOT give their consent to toothbrushing at nursery.
- Nursery staff will be given new toothbrushes for the children termly as well as a toothbrush and toothpaste to be sent home.
- A benefit risk assessment is in place and can be found in the Risk Assessment folder.
- All staff are trained by CHILDSMILE on how to carry out the toothbrushing routine.
- Children brush teeth daily, when indoors, in their Focus Groups, at the sinks in the bathroom.
- Surfaces are cleaned between groups of children using Anti-bacterial wipes.
- Staff distribute the correct amount of toothpaste and wear disposable gloves.
- Toothbrushing racks are washed at the end of every week in the industrial dishwasher.
- The racks are stored on a shelf in utility area, out of children’s reach and have lids on them.
- Toothbrushes are replaced as need be (Dropped on floor, wore down) and every term.

References

NHS, 2011, “National Standards for Nursery and School Toothbrushing Programmes”

<http://www.healthscotland.com/uploads/documents/5040-Toothbrushing%20Standards.pdf>

NHS, 2004, “Setting the Table”

<http://hub.careinspectorate.com/media/177298/nhs-setting-the-table.pdf>

HPS, 2018, “Infection Prevention and Control in Daycare and Childminding Settings”

<http://hub.careinspectorate.com/media/726344/infection-prevention-and-control-daycare-and-childminding-settings-2018.pdf>

United Nations Convention on the Rights of the Child, 1989 <https://www.unicef.org.uk/what-we-do/un-convention-child-rights/>

Scottish Government 2017, Health & Social Care Standards, My support, my life.

<https://www.gov.scot/publications/health-social-care-standards-support-life>



Policies and Procedures

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Date of original policy July 2020

Revision Number	Details of Change	Date	Date of next review
1	Full review of procedures	July 2020	August 2021 ✓
2	Policy Update	March 2021	August 2022 ✓
4	Policy Update		February 2023
5			
6			
7			

Policy Author Diane Booth EYSP